

Emergency Contact Numbers

Here's emergency contact information to keep with you on the trip.

Give this to your family and friends. They can contact me or the hotel, if they are unable to reach you in an emergency.

YOUR PHONE:

Text Messaging is a good way for your family and friends to reach you in an emergency. Sometimes international voicemails don't show up on your phone.

MY CONTACT INFO:

A simple Text Message is the quickest and best way to reach me. I always have my phone with me. I'm alerted when text messages arrive.

I check emails daily. If you send an email, I'll likely pick it up in the late afternoon or evening. I rarely check voicemails while in Mexico, or answer the phone.

Kathy Monaghan
TEXT: (512) 656-1287
EMAIL: kathy@ToKnowYourself.com

LODGING:

Call the retreat facility directly, if necessary. Keep calling if no one answers. The phone is not manned at all times. There is no reception desk. This is a family home turned into a retreat facility, not a typical hotel. The phone is located in a separate building that houses the kitchen and dining area.

The Dreaming House
Calle Libertad No. 15
San Sebastian Xolalpa, 55840
Teotihuacan, Estado de Mexico, Mexico
PHONE: 011-52 594 956 3969
EMAIL: TheDreamingHouse@hotmail.com
WEB: www.TheDreamingHousemx.com

TIME ZONE:

Central Time Zone, same as Dallas, TX.